



CapitalCare  
FOUNDATION



CapitalCare | 2017  
Foundation | COMMUNITY  
REPORT



CapitalCare Foundation provides project support to CapitalCare centres and specialized services in the Edmonton area. With more than 2100 residents passing through the doors each year, the need to help with quality of life improvements is greater than ever.

**did you  
know**

## You Can Change the Lives of Residents at CapitalCare

### CapitalCare Foundation

was incorporated in 1989 to support the goals and needs of CapitalCare through private philanthropy and giving of donors, community leaders, volunteers and friends.

CapitalCare is where residents LIVE. The Foundation strives to create an environment that helps residents to be comfortable by providing the comforts of home. CapitalCare Foundation is a registered charity that raises needed funds to purchase equipment, renovate facilities, provide educational assistance for staff, and add to the quality of life of residents. We take over where government funding ends.

When you make a donation to CapitalCare Foundation, you are changing lives. Forever.

### Funds raised support the following:

- Specialized overhead lifts
- Outdoor patio upgrades
- Patio furniture and gazebos for outdoor gardens
- Decorations
- Living room furnishings
- Centre pet program support
- Music care program supplies and resources
- Sunroom refurbishment
- Tablets and tech devices for leisure programming
- Facelifts and upgrades for visiting areas

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Photographs by:  
Shirley Barg, Jim Corry & David Jackson



# LEADERSHIP message

## The 2016-17 year

**Hands are clapping** for the great success we had meeting our 2016-17 goal to support the continuation of **Music Care** in our CapitalCare centres. As you leaf through the pages you will see the gigantic impact this is having on our residents. New choirs have formed, more people are receiving one to one music therapy, and music has become a strength within our centres. As part of this we are proud to partner with agencies such as Rotary Edmonton West, Lynnwood Auxiliary, Dickinsfield Auxiliary and Health Arts Society of Alberta to bring high caliber musicians to people living in care so they can experience the fine arts. All of these initiatives are all possible because of the incredible support of our donors. Thank you!

As we move into this new year, we are focusing on the very specific needs of each centre. **'Something's Missing'** is our new message as the Foundation Board works to provide the comforts of home for all residents. We want to make sure that no resident or family member says **"it's nice...but something's missing"**. With more than 29,000 people expected to need long term care in Alberta over the next 10 years (Alberta Health & Wellness, 2008) we feel strongly that, together with our community, we can ensure seniors in care have homes that are comfortable and facilitate the incredible 'living' that happens at the centres. We have the bricks and mortar but we need your help to make the houses into homes. Your support will be used to upgrade and improve bathing areas, provide new dining tables and chairs, help to create vibrant year round horticulture programs and redesign living areas for family and resident visits to be meaningful **moments that matter** (see page 2 for more details).

Lastly, we are very pleased to support CapitalCare staff education and training. Over this past year we have brought world class educators to Edmonton. Additionally, we have supported more than 40 staff in pursuing further education in long term care areas. With a value of growing and learning, CapitalCare staff continue to demonstrate a desire to excel at their roles of supporting seniors and residents who need the specialized care and service required in continuing care.

Kindly,

Sarat Maharaj  
Chair

Sherry Schaefer  
Director

# SOME- THING'S MISSING

HELP US PROVIDE  
THE COMFORTS  
OF HOME.

## PROJECTS:

Bathing Room Renovations  
Family Visiting Rooms  
Horticulture Programming  
Dining Tables and Chairs  
Resident Room Upgrades

**DONATE TODAY.**  
[capitalcarefoundation.net](http://capitalcarefoundation.net)



# Something

Our focus for 2017-19 is individual centre projects. These project ideas have come through discussions with residents and families as they identify what programs or changes to the building would improve their day to day living.

As you read through these initiatives we are certain you will find a project that you can relate to. These are activities that bring enjoyment to residents, and if you can help with one close to your heart, the positive feedback from residents will fill you with the feeling of being involved in something fantastic!

### **Year Round Horticulture**

Both Dickinsfield and Lynnwood are keen to have year round horticulture programs rooted in the therapeutic effects of gardening at their centres. Residents love planting the summer outdoor raised beds, but this quickly ends with the onset of shorter days and cooler nights. The act of nurturing is important to one's healing and wellbeing. Getting your hands dirty and reaping the rewards of labour through gardening is an incredible outcome for residents.

### **Dining Room Tables and Chairs**

Don't you hate when tables wobble or chairs squeak? Well the residents at Norwood and Laurier House Lynnwood have some pretty old tables and chairs that have far outlived their best days. Their wish is simple - new dining room furniture. If it can be replaced now, the furniture will be utilized in both the current settings and in the new Norwood building when it opens; benefitting residents both now and in the future.

### **Family Visiting Rooms**

Both the Kipnes Centre for Veterans and McConnell Place West are anxious to see changes that will provide warm visiting spaces. Kipnes Centre residents would like a space on the second floor where residents and families can enjoy visiting in a living room - just like home! McConnell Place West residents are excited to work on a

# 's Missing

project to provide pet and family visiting. Research has documented the positive effects that pets and family have for those living with dementia. Over the years centres have incorporated pets into the centre environment and this will be another project that demonstrates this heartwarming approach for those with Alzheimer's.

## Bathing Room Upgrades

CapitalCare Strathcona has some older bathing rooms that were originally designed for residents who could get in a residential style tub. As the years have flown by, few residents are now able to manage getting in and out of a traditional tub. We need an upgrade! The rooms need updating to accommodate the needs of the frail elderly. We want the room to bring comfort and calmness to those with dementia so that having a bath is a positive experience. It is a simple and very important basic care upgrade.

## Hallway beautification

Finding the way to your suite is not so easy when all the room doors look the same. The hallways can be long and daunting when they look like a hospital versus a home. Creating unique doorways for residents to recognize and hallways that remind them of a friendly neighborhood will have huge impact. Modeling the surface changes and designs after the Swedish model of elderly care, Grandview families and staff feel the impact would be significant. It would be a dream come true.

To learn more about these projects please visit [www.capitalcarefoundation.net](http://www.capitalcarefoundation.net). The project descriptions and photos are there to give you a sense of what you can be involved in. Your support and partnership in these upgrades and improvements can really make a difference for residents - both young and old! Please consider a meaningful donation towards the project that touches your heart.

To follow along with project progress and receive a quarterly email report, please email [sherry.schaefer@capitalcare.net](mailto:sherry.schaefer@capitalcare.net)



# Thank you for all your su



A



C



**A** In May 2017, CapitalCare Foundation hosted **'Mom's the Word' Ladies' Night** in support of women living in care. Guests enjoyed a musical evening as they sang along to Mamma Mia just in time for Mother's Day.

**B** CapitalCare Grandview held its 2<sup>nd</sup> annual **Mardi Gras 'Fun' Raiser** in February. Guests enjoyed New Orleans style food, Mardi Gras activities & live music of the south! This year they raised over \$6000 for music care programs in the centre. It's just one example of the many centre events taking place throughout the year.

**C** It was a beautiful day on the course as CapitalCare Foundation held its 21<sup>st</sup> annual **Charity Golf Classic** presented by Gilead in June 2017. With the support of community minded businesses, the event successfully raised over \$50,000 for the 'Something's Missing' project.



B



# Support at our 2017 events!



**D** The 3<sup>rd</sup> annual **Feast on the Field** was held in August. This annual signature event brings together food, friends, and a great evening right on the field at Commonwealth Stadium! Over 400 guests enjoyed a delicious feast prepared by five of Edmonton's top chefs while raising funds for a great cause.



**We did it!**  
**\$250,000**  
**for music care**

**don't  
stop  
the  
music**

Over 500  
music therapy  
sessions every  
quarter

More than 1200  
attending elite  
level music  
concerts per year

More than 200  
residents now in  
singing, drumming  
and bell ringing  
choirs



**THANK YOU!**





# Financial HIGHLIGHTS

(Year end March 31<sup>st</sup>, 2017)

Annual Fund Revenue	\$ 1,016,161
Major Project Revenue	\$ 208,793
Special Event Revenue	\$ 121,945
Grant	\$ 87,000
<b>Total Revenue</b>	<b>\$ 1,433,899</b>

*\*To request a copy of the financial statements, email [ccfoundation@capitalcare.net](mailto:ccfoundation@capitalcare.net) or call 780.448.2413\**

# DONORS

(Contributions over \$100)

The Board of Directors of CapitalCare Foundation is very grateful to the following donors for their contributions to the needs of CapitalCare residents and clients from April 1, 2016 to March 31, 2017

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 Talty, Pamela  
 Tatarchuk, Waldmar  
 Tatarchuk, J. Arlene  
 Telford, Leanne A.  
 Tertzakian, Gerard Dr.  
 Tertzakian, Pina  
 Thang, Niang  
 The Ad Guys  
 The Common  
 The Hansch Family  
 Thomlinson, William  
 Thomlinson, Melanie  
 Three Star Sales Inc.  
 Tindall, Joan  
 Toderovich, Eugene  
 Toderovich,  
 Bernadette  
 Torgerson, Len  
 Trainberg, Glenn  
 Trainberg, Ray  
 Troock, Doug  
 Troock, Muriel  
 Tryhuba, Janet  
 Tsen, Annika  
 Tyce, Crystal  
 Underhill, Bruce  
 United Nurses  
 of Alberta  
 Van Dieken, Anky  
 Van Lohuizen, Hank  
 Vandenbrink, Marion  
 Varvis, Vivian

Varzaru, Alex  
 Villena, Gladdys  
 Vipond Inc.  
 Vogel, Shawna  
 Wade, Gladys  
 Wahlstrom, Gwen M.  
 Walchuk, Walter  
 Waldron, Ross  
 Waldron, Jackelyn  
 Warr, Sandra  
 Warren, Gerry  
 Warring, Molly A.  
 Weaver, Edith  
 Webb, Karen  
 Weiss, Julie  
 Welsh, Chris  
 Weyer, Michael  
 Wilson, Betty  
 Wilson, Stella  
 Winarski, Alice  
 Winton, Cecilia  
 Winton, Paul  
 Woldemichael, Azeb  
 Wong, Aileen  
 Wong, Mabel  
 Wynnyk, Joan  
 Yaceyko, Sophia  
 Yakimec, Tim  
 Yaltho, Smitha  
 Yardley-Jones, John  
 Yellowhead Motor Inn  
 Young, Karen  
 Young, Samuel C.  
 Yu-Ying, Winnie  
 Yurko, Myron  
 Yurko, Anita  
 Zabiak, Eleanor  
 Zaboroski, Stan  
 Zaplotinsky, Pearl  
 Zemp, Walter  
 Zemp, Yolande





CapitalCare COO, Francine Drisner, accepts a cheque from Robin Nicol, Gilead Sciences VP Chemical Development & Manufacturing Operations, at our 21<sup>st</sup> annual Charity Golf Classic.

## 2018 UPCOMING EVENTS

**February 10**  
3<sup>rd</sup> Annual Mardi Gras  
'Fun' Raiser  
*CapitalCare Grandview*

**February 28 & March 1**  
AGLC Casino  
*Palace Casino, WEM*

**March**  
Ladies Night  
*TBA*

**June 4**  
Charity Golf Classic  
*The Links at Spruce Grove*


**August**  
Feast on the Field  
*Commonwealth Stadium*

**October**

- 5<sup>th</sup> Annual Fun Money  
Casino Night  
*CapitalCare Strathcona*
- Rise, Shine and  
Give Breakfast and  
Ambassadors' Lunch  
*Royal Glenora Club*

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