



**Thank you for  
supporting  
seniors in care**

Welcome to the new quarterly CapitalCare Foundation newsletter, Moments that Matter. For many years Foundation information has been a significant part of the People and Progress newsletter published by CapitalCare. Now we are switching gears, and will be producing this Foundation specific newsletter which will focus on sharing Foundation events, updates, and relaying how your support as a donor and sponsor impacts residents and seniors in care. You can and DO change the lives of

residents and we want to share with you the magic that you help create. With more than 2100 residents living at CapitalCare centres each year, your support helps with so much. Taking over where government funding ends, you have helped with the purchase of lifts, beds, and specialized equipment; as well as creating home through renovations and refurbishments of family sitting areas, quiet rooms, gardens, and celebratory recreation rooms. That's a lot of change - for the better.

We hope you enjoy this compact and informative publication which will, at a quick glance, provide you with details for what is coming up in the Foundation, where positive impacts are happening in the centres, and most importantly, a touch about the people that matter most... the residents. Now sit back and take a read. And if you have a moment, reach out and let us know what you think about our new look and what you would like to see in future editions. Turn the page and enjoy!

# EVENT TEASERS



## BREAKFAST FUNDRAISER

Tuesday, April 12th,  
7:30am  
Royal Glenora Club  
11160 River Valley Road  
Proceeds raised will support Music Therapy programs at CapitalCare centres.



Monday, June 6th  
The Links at Spruce Grove. Special 20th Anniversary pricing! \$195 per golfer or \$700 per team of four!

### For more event information:

Call us at 780.448.2413, email [ccfoundation@capitalcare.net](mailto:ccfoundation@capitalcare.net) or, visit our website [www.capitalcarefoundation.net](http://www.capitalcarefoundation.net)

## MARDI GRAS 'FUN' RAISER



## THANK YOU

to our sponsors, donors & guests for supporting CapitalCare Grandview's Mardi Gras 'Fun' Raiser on February 6th. With your help, over \$7000 was raised for patio furnishings at Grandview! From the food to the entertainment and costumes, this was a top notch event!



Al & Lorna Dredge



*Save the Date!*  
*August 17th*

*The 2015 event was  
"a stunner", "an ever"*

**VISIT [WWW.FEASTONTHEFIELD.COM](http://WWW.FEASTONTHEFIELD.COM) FOR UP**

**I AM CHANGING LIVES!  
STARTING WITH MINE!**

 **CapitalCare**  
FOUNDATION

"I came to CapitalCare as a Health Care Aide. Because of residents like Norm, I wanted to do more. Thanks to the bursary program, I am now working towards my RN Degree."  
-Casi

[www.capitalcarefoundation.net](http://www.capitalcarefoundation.net)

 **Edmonton**  
Community  
Foundation

CapitalCare Foundation's Staff Bursary at Edmonton Community Foundation assists staff to realize their potential which in turn benefits our seniors in care.

Call 780-426-0015 to give

With over 2700 staff in 14 different departments in the centres, there are so many opportunities to grow and flourish as a healthcare professional in CapitalCare. However, for some, the education upgrades are cost prohibitive, which is why CapitalCare Foundation supports upwards of \$20,000 annually for staff education. This support comes in the form of several bursaries housed with the Edmonton Community Foundation, as well as CapitalCare Foundation's own donor supported funds.

Casi Marcu is one of those staff. She is a bright, warm and compassionate person who started with CapitalCare as a Health Care Aide and is now working towards her Registered Nurse degree. Casi continues to work with residents like Norm at our centres, while taking classes in the evenings. Her aspiration to be a Registered Nurse is not only encouraging to her peers at work, it also shows her children how to work hard for their dreams.

*"a spectacular success",  
not you don't want to miss!"*

**DATES**



# ONE GREAT DAY...

Everyday, while living at the Kipnes centre, Roy Pritchard enjoyed life; laughing with staff and other residents, his peers and friends. Roy embraced life and always kept in touch with those who were important to him, including 'Skyping' with his sister who lives overseas.

Roy's life mantra is why the staff made it their mandate to ensure that this past February he got the opportunity to receive the newly awarded French Legion of Honour medal for his part in D-Day.

As a 25 year old soldier with the Royal Winnipeg Rifles, Roy Pritchard crossed the English Channel with hundreds of other men on June 6th, 1944. "I thought I was going to drown, the water was so rough it seemed to be pulling at my feet underneath," the 96 year old recalled. Under heavy German fire, Pritchard was among the 150,000 Canadian, English, and American soldiers who scrambled onto Juno Beach that day. More than 350 Canadians lost their lives that day which was the beginning of the liberation of Europe from Nazi Germany.



Roy making people smile at the 2013 Run for the Brave

On February 8th of this year, nine veterans from Alberta received the Legion d'Honneur, the highest decoration that France can bestow, and as such, is equivalent to the Order of Canada. Mr. Jean-Christophe Fleury, French Consul General, presented the medals and the Honourable Sarah Hoffman greeted the recipients on behalf of the Premier.



Roy and Doris 'Dixie' Pritchard, circa 1940

February 8th was a GREAT day, not just because Roy received such a prestigious honour, but also because he was able to get there. You see, Roy's health had been failing for a long time. This past fall and winter had been day by day. Several times the staff wondered if 'today' would be his last. But Roy hung on. He made it to Remembrance Day, then through Christmas, and then he received notice about the French medal. No one thought he would be able to receive the award in person, yet he hung on. As the day drew near, his son asked if there was any way Roy could attend the ceremony at the Alberta Legislature. To get him there meant special transportation, nursing support, and a lot of crossed fingers. The staff didn't hesitate, making all the necessary arrangements.

cont...

Of course there were hurdles along the way. First, there was no driver for the specialized handicapped van. At such short notice how would they find someone? A staff member quickly stepped up and had her license renewed, even though it had been years since she was in that role.



### Transportation in place

Next was arranging for nursing care. The staff didn't hesitate and stepped up right away.



### Supportive staff in place

Now Roy needed to hang in there for just one more day.



### The day came, Roy perked up and was in great shape!

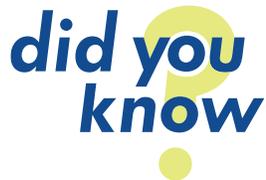


It was a long day, but it meant so much to Roy. Not only did his family attend, his good friend Jack was there. All the people he wanted there were in place. It was One Great Day.

*"Thank you for making my land a free country,"  
said Jean-Christophe Fleury, Consul General of France.*

Roy passed away four days later on February 12th. He was a great man, with great spirit. A spirit he shared with all those around him. **These are the Moments that Matter.**

*A special thanks to all staff at the Kipnes Centre for Veterans for making Roy's last days as comfortable and wonderful as possible, and to all those who made Roy's Great Day a really Great Day.*



### CapitalCare Foundation has a monthly giving program?

Visit our website or contact us today to set up your pre-authorized monthly donation!

Phone: 780.448.2413

Email: [ccfoundation@capitalcare.net](mailto:ccfoundation@capitalcare.net)

[www.capitalcarefoundation.net](http://www.capitalcarefoundation.net)

## Let Us Help You Ways of Giving

Donations to the Foundation generally come in the form of cash, cheques or credit cards. More and more, however, the Foundation is being asked about other ways individuals can choose to support this worthwhile cause. The result of that interest is the establishment of CapitalCare Foundation's Legacy Giving Program.

So what is a "Legacy Gift"? For some, it is a gift that will last until long after they are gone. For others, it is a gift that will benefit many people and is significantly larger than any gift they have made in the past due to timing and life circumstances.



### To learn more about the Legacy Giving Program Contact:

Sherry Schaefer Director,  
Fundraising and Donor Relations  
780.448.2430  
sherry.schaefer@capitalcare.net

Legacy giving is not for everyone, but for many it is a practical and timely way to support their favorite charity. One of the most common ways is by making a bequest in a will. There are, however, many other options available that may be a better fit when looking at your own particular situation.

- Shares and securities
- Life insurance
- RRSP/RRIF

The Legacy Giving Program is a new option to consider for your giving plan. Contact us for more information or to discuss any of the above donation options.

## did you know CapitalCare Foundation raises funds on behalf of all CapitalCare centres in the Edmonton area?



### Help us go green!

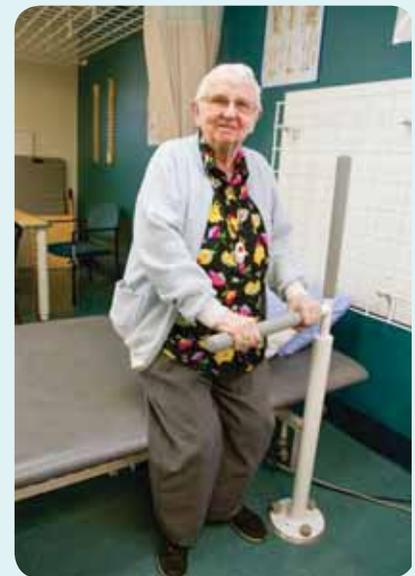
Call 780.448.2413 or email [ccfoundation@capitalcare.net](mailto:ccfoundation@capitalcare.net) to update your subscription information or change your delivery preference to electronic mail!

## did you know

CapitalCare Foundation is thankful for the support of donors and supporters.

This winter, two bariatric Advantage portable rails were purchased for CapitalCare CHOICE Norwood. These rails help make the transition between sitting and standing easier for residents.

Your support makes the purchase of items like this possible and improves the quality of life for residents.



## THANK YOU!



## Donors change lives FOREVER

We are so excited and grateful for The Dream Makers Committee, a group of young women wanting to make a difference in their community.

A total of \$11,082 was raised and with that three wireless speakers with nano iPods were purchased for CapitalCare Strathcona!

The funds were raised in a four day online auction organized by The Dream Makers. Thank you SO much to all who participated and made this possible.



Photos taken at the cheque presentation event at CapitalCare Strathcona on December 12.



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